**M7: A1 Community Support**

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|  | In your eJournal, list 2-3 people outside of the health profession you can turn to when you need support in your work (for example an Elder, or close friend).  Write a few sentences about how you can strengthen these relationships.  (If you can’t identify 2 people, think about who in the community you might develop a supportive relationship with, and briefly describe how you can initiate that relationship.) |