

## Strategies to Maintaining Boundaries with Clients, *outside of the office*

1. Be very careful not to relate to a client outside of work in a way that might suggest to others that he or she is a client.
2. If a client wants to talk about his/her issues outside of the office and if its not an emergency, we need to gently remind him that we're off now – and he/she, “can see me in the office.”
3. If a client comes knocking on our door after hours, we refer her/him to the person on-call or ask them to come to the clinic during work hours.
4. If client presses you for help in an area outside of your expertise, you need to gently but firmly refer them to the appropriate provider.



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