

Community Activities

Monthly community activities sponsored by Kaltag and other wellness groups.

- Fun runs
- Alcohol free dances or talent shows
- Health education skits by kids at community events
- Poster contests of health messages
- Cross generational activities
- Read stories to young children (Elders, older students, adult men)
- Recording Elder's stories
- Help prepare & share food at community events
- Talking Circles
- Hosting traditional activities (dancing, drumming, carving, beading)
- Educational lock-ins for students (overnights) with learning, movies, food and fun
- Community events with games and food
- Educational activities with Headstart Program, Alaska State Troopers or VPSO
- Educational groups for all ages on mental health, substance abuse, etc. (includes both learning and fun)



Healthy Healers
Program

ALASKA NATIVE TRIBAL HEALTH CONSORTIUM