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| **Healthy Healer Community Plan Form** |
| **Goal 1 (required):**  |
|    | **Tasks/Action Steps***What will be done* | **Responsibilities***Who will do it?* | **Resources***Funding, Time, People, Materials* | **Timeline***By when? (month/day)* |
| 1. |  |  |  |  |
| 2. |  |  |  |  |
| 3. |  |  |  |  |
| 4. |  |  |  |  |
| 5. |  |  |  |  |
| 6. |  |  |  |  |
| **Goal 2 (optional):**  |
| 1. |  |  |  |  |
| 2. |  |  |  |  |

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| **Consider the following questions as you develop a plan to reach your goals:**  |
| * **Who can you recruit (at work or outside of work) to help you with your goal? (Remember its helpful to have different personality styles working together)**
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| * **What boundary issues need to be considered?**
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| * **What activities are held in your community? (Violet described several organized by her Wellness Team.) Are you involved in any of these activities, if so which ones? Will your plan include current or future community activities?**
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| * **Will you do a community event, a “Tea Partners” like process, or a wellness team like Kaltag? What do you think will work in your community?**
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| * **What are the barriers or issues in your community that could impact your plan? How will you address those challenges?**
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| * **How will you reach out to your village council?**
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