

# What to expect after your Tobacco Cessation appointment

## When picking up your medication:

- Check-in at the Pharmacy front desk and tell them you are there for your tobacco cessation medications.
- The pharmacist will verify that you have been seen in Health Education and that you are up-to-date with a referral and your follow-up.
- You will be assessed by a Pharmacist to see if the Health Educator's recommendations are appropriate for you. If there are any health concerns, the pharmacist may alter your medications.
- You will receive two to four weeks supply depending on your treatment plan. The amount of time you will be on medications is 8-12 weeks.

## When you need a refill:

- When you get down to a seven day supply of a medication, contact your health educator. They will do a brief phone follow-up and update your records.
- Once you are up-to-date with Health Education, you can go to the pharmacy for your medications or request for them to be mailed to you.
- Please allow 4-7 business days to receive mailed refills.

## If you have any questions:

Contact your health educator. They will answer any questions they can or put you in contact with a pharmacist or your case manager if necessary.

## How we do follow-up:

- Your health educator will call you on a regular schedule and ask you some follow-up questions.
- You are always welcome to make an appointment to come in or call at anytime in your treatment plan for a follow-up services.
- Treatment Plan: Follow Up Weeks 1, 2, 3, 6, 12, 26, 52

## For more information, please contact the Health Education Department

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